

ROYAL CLIPPER**7-NIGHTS: WINDWARD ISLANDS**

Nov 2015 through Mar 2016

Barbados – Saint Lucia – Dominica – Antigua
Saint Kitts – Iles Saintes – Martinique – Barbados

All tours are offered with English speaking guides. The length of the tours is given as an indication as it may vary depending on the road, weather, sea and traffic conditions and on the group's pace.

Depending on what activities you would like to participate in, the general fitness levels vary. If you like to enjoy walks and other sporting activities like hiking, snorkeling and boating, an average to good fitness level is required.

BRIDGETOWN, BARBADOS**Pre-flight Beach Stop**

Transfer by air-conditioned vehicle

Minimum 10 participants / maximum 25

Euros 58

Instead of waiting for your flight in the airport terminal, you might like to take the opportunity of enjoying a few more hours' sunshine at a local beach.

The beach facility is a 30 minute drive from the harbour. Your luggage will be stored on site and you can relax on a sun lounger or go swimming without having to worry about your bags.

There is a shower and a changing room and a light snack is included

- Transfers to the airport will be provided at two pre-arranged times in order for you to make the most of your last day in Barbados. (1pm & 2.30pm as the airport requires guests on international flights to be at the airport at least 2h30 prior to their flight departure.

- The rate includes all transfers(port/ beach break/ airport, storage of luggage, light snack (chicken, fish or hamburger with French fries and salad), one rum

mix beverage or soft drink, a beach chair, shower facility and washrooms.

- Please note that this is not a hotel but a simple beach bar.

Flavour of Barbados**(Island Discovery Tour / Ending at the Airport)**

By air-conditioned vehicle

Minimum 20 participants / Maximum 64

Duration approximately 5 hours

Euros 74

Your tour starts along the famous West Coast of Barbados, allowing you to catch a glimpse of the lives of the rich and famous who own villas there. Along the route you will pass through Holetown and Speightstown, two typically charming Caribbean towns. Next you will head inland. Your first stop will be at Farley Hill National Park with its Great House ruins and vibrant gardens, with a large variety of plants and trees and a spectacular view of the East Coast. Enjoy a leisurely stroll through the park before going on to discover the East Coast up close.

Moving on from here you continue along the coast for a while with another picture stop at Bathsheba, the famous surfing spot in Barbados. From here you will head up the hill again to your next stop at St. John's Parish Church which offers incredible views of the picturesque East Coast. Enjoy this breathtaking scene, from 800 feet above sea level, one last time. The church building and grounds are a treasure belonging to the Barbados National Trust.

A short scenic drive will take you to your lunch stop at Sunbury Plantation. This Great House was originally built over 300 years ago and is magnificently furnished, giving a real insight into the life of a wealthy plantation owner. Discover all its treasures before enjoying a sumptuous buffet lunch in the courtyard.

From here a short drive will take you to the Airport where you will find your luggage ready to be checked in.



- This tour can only be done by guests who have flights leaving Barbados after 3 pm. You will be transferred to the airport just after lunch.
- Lunch is included during the tour but the drinks will be at your own expense.
- Your luggage will be loaded on a separate luggage truck and it will be delivered at the airport at the end of the tour.

SAINT LUCIA, RODNEY BAY

Safari Rugged Beach Getaway

On board 4X4 vehicles

Minimum 12 participants / Maximum 40

Duration: 3h30

Euros 48

Enjoy beautiful, out of the way places in St. Lucia by going “off the beaten track”. Set off in a safari vehicle on a scenic ride to explore the wonders of the island’s natural landscape. The journey takes you through the small, quaint villages of Ti-Rocher, Babonneau, La Guerre, Monachy and Lafayette. The lush, green vegetation of the mountainside and the flora adorning the roadside are breathtaking. Rolling hills are followed by a rugged trail to one of the East Coast’s spectacular and isolated beaches, (around 30 minutes off road). Enjoy a refreshing swim and complimentary soft drinks.. This tour is sure to make your vacation a memorable one!

- We will spend around 45 minutes on the beach.
- The excursion includes travel on roads that are very rugged and you will be bounced about.
- Beware if you suffer from motion sickness
- You are asked not to stand and lean out of the vehicles while in motion.
- You might be asked form time to time to bend down or keep your hands inside to avoid any overhanging branches.
- Passengers who are pregnant should not participate in this tour.

Views of St. Lucia

By air-conditioned bus or minivan

Minimum 20 participants/ Maximum 120

Duration: 3 hours

Euros 37

After boarding your air-conditioned bus, you will drive through Castries where various points of interest will be pointed out by your tour guide. Then there will be a winding drive up the Morne for a panoramic view of the city, the harbour and even as far as the island of Martinique! You will continue up to the Morne complex to view the Inniskilling Monument, erected in honour of the British 27th Inniskilling Regiment who captured the Morne from the French in 1796. This area is home to one of St Lucia’s highest Educational institutions, the OECS Secretariat, and also the main Television station on the island. After a short drive you will come to Caribelle Batik where you will see an artist creating an original work of art using hot wax, and get the opportunity to shop around for a special gift for that special someone! Your journey continues on secondary roads along the hills on the outskirts of the city, taking you through small communities and affording scenic views of the Atlantic and Caribbean coasts.

There will be a short stop at La Guerre to enjoy spectacular views of the Marquis Estate – which was once the largest banana plantation on the island. Your drive continues through other small communities and in Monchy, you can admire the wonderful view of Rodney Bay and Pigeon Island before descending the hill to the private residence of the Sony’s – Stony Hill. This property boasts a well manicured lawn edged by a tropical garden and a breathtaking view of the Rodney Bay area. Tasty local snacks await you along with cool refreshing local fruit juices; you can relax under the mango tree close to the pool deck or stroll through the gardens. Restrooms are available before your short journey back to the ship.

- This tour is ideally suited for persons wishing to go at a leisurely pace while enjoying the beauty the island has to offer.



St. Lucian-Style Segway Experience**Minimum 4 participants / Maximum 10****Duration: 2h30****Euros 85**

Segway is the latest adventure in St. Lucia. Come and experience this off the road thrill while enjoying nature at its best. After a 5-minute transfer to the segway base, start your tour with a 20-30 minute practice session by driving your very own Segway on the Practice track. After an orientation briefing you are ready to embark on the Segway experience! Glide along the exclusive 1.5 mile well-maintained trail system. Learn about the island's history and its flora and fauna. Enjoy the beautiful vista of Pigeon Island, Reduit Beach, Rodney Bay Marina and the Caribbean Sea while gliding effortlessly on your eco-friendly Segway x2. Stops include a visit to natural pond where you can feed the fresh water fish, and a view point when you can enjoy local fruit. The excursion ends with a final 'glide' back to our headquarters after a thoroughly enjoyable and much appreciated tour.

- Guests should wear cool and comfortable clothing, and shoes (sandals or sneakers).
- Bring along cameras and sunblock.
- No consumption of alcohol prior to doing this tour !!!
- Fruit, coconut water, bottled water will be offered to participants.

Sea Trek Helmet Diving At Pigeon Island**National Park****Minimum 4 participants / maximum 12****Duration: 3 hours****Euros 62**

Sea Trek, one of the world's premier underwater Helmet diving experiences, is truly incredible. Under the supervision of friendly, certified Sea Trek Guides, you will take a walk on the "wet" side and come face to face with the marvel of marine life as you walk with a school of zebra fish and others and discover a world of incomparable beauty. There is no need to surface for air or tussle with bulky equipment, just gear up with your helmet and walk in. Imagine walking in zero gravity while surrounded by incredible aquatic life that's Sea Trek !

- Depending on the number of persons on the excursion, the order of the tour may be changed, with guests exploring the Park first before embarking on Sea Trek. (the interpretation Center is closed at Pigeon Island until further notice).
- After a safety briefing and getting outfitted for your sea trek adventure, you will spend 30 minutes sea trekking and then you will have 1h30 at your convenience to explore the park, swim or snorkel .
- Don't forget to bring a towel and adequate sun protection



Aanansi ATV Adventure**Transfer by van to the ATV site with a driver****Minimum 4 participants / maximum 6****Duration: 3 hours****Euros 99**

Welcome to the Aanansi ATV tour, welcome to the most exciting and fun filled tropical adventure in St Lucia. You are picked up shipside and driven to the base camp in Fond Assau, Babonneau, this base camp is located approximately 20 – 30 minutes away from the port (depending on traffic) in the North East of St Lucia. At the base camp you will be met by very experienced and customer centric ATV guides who will ensure that you are extremely comfortable on your Yamaha ATV. This approximately 1h30 long tour over well established trails will certainly leave you with a most unique connection to nature that is unsurpassed by any other tour on the Island combining the exhilarating ATV ride with the most unforgettable tropical experience.

Your tour takes you through working plantations, historical sites and rural communities that take you back in time. Also experience the most spectacular views as you ride along and then to top it off a bird's eye view at the Debarras viewing point of the Atlantic coast. Ride along trails that take you through a working banana plantation where you will make your first stop and the guide will explain the workings of the plantation. The guide will describe the very interesting life of the banana plant in detail. You will also see villagers going about their daily chores as we pass through small settlements.

You will then ride along the Marquis estate which in its heyday was one the largest private estates in St Lucia –dating back to 1723 - but has since been sold to different parties. This estate is situated amongst some of the Caribbean's most attractive landscape on the stunning Northeast coast of St Lucia and occupies a breathtaking 500 acre site in a wide lush, tropical valley that sweeps majestically down to one of the most beautiful beaches in St Lucia, the Marquis Bay, where pristine white sands meet clear, turquoise waters. Along the way you will see some relics of the

past including a water wheel, an old locomotive and ruins of a sugar mill and slave quarters. The tour continues out to the lookout point for some of the best tropical beach scenery this side of the Atlantic at the top of the Grande Anse beach, we are now at our refreshment stop at Debarras overlooking Grande Anse beach. We are now coming to the end of this thrilling tropical experience, as the tour then heads back to the base camp, where they are picked up and returned to the ship.

- This tour is not recommended for passengers who have difficulty walking.
- 30 minutes drive to the ATV site where you will be welcomed by ATV staff, signing of waiver, Safety briefing, ATV Helmets, goggles and practice track, and use of the ATV Bikes.
- You will spend approx 1h30 on your ATV
- A bottled Water & fresh fruit will be offered at one of the view points
- Guests should wear light comfortable clothing, Shorts, 3/4pants, long pants or Jeans and appropriate closed toe flat rubber soled shoes/sneakers. No spiked heels or slippers. Guests to wear Sun bloc. Helmets and goggles are provided.



DOMINICA

River Tubing Adventure

By air-conditioned vehicle

Minimum 10 participants / Maximum 40

Duration: 3h30

Euros 55

Disembarkation – return Cabrits

Driver guide on the transfer to/from the Layou River

GET READY...TO GET WET!

This excursion in the so-called “Land of 365 rivers” on the Nature isle of the Caribbean is wet and wonderful from the word go. The launch site is a 45 minute drive from Cabrits. After a safety briefing you will be provided with all the necessary equipment: life vest, modified inner tube, a paddle and then the fun can commence. Once everybody is safely in the water your guides will let you loose to begin your adventure, gently spinning and swirling in the current, taking in the exotic scenery at the same time, if you can manage it.

There will be a brief stop to enjoy a typical Dominican pastime : river bathing; you will get the opportunity to swim in the crystal clear water for a short while before continuing the scenic route down the river until the exit point. Our professional guides are only a shout away to ensure your comfort and safety at all times. Once everybody is back on dry land refreshments will be served at the Hillsborough Reception centre, including our famous rum punch and fresh fruit, before returning to the ship in Roseau.

- The drive to the launch site on Layou river takes 45 minutes.
- The drive back to Roseau takes 45 minutes.
- You will spend approx 1 hour on the river.
- This tour is unsuitable for people who are physically challenged.
- Appropriate walking and water shoes are strongly advised.
- Conditions on the river will determine the operation of the tour.
- Please bring towels.

The Indian River Rowboat

Transfer by air-conditioned vehicle

Minimum 8 participants / Maximum 50

Duration: 2h30

Euros 35

Disembarkation – return Cabrits

Driver guide on the transfer to/from the Indian River

Situated in the centre of the town of Portsmouth to the North of Dominica, the Indian River is like a mini Amazon teeming with life. It owes its name to the Kalinago people, formerly known as Carib Indians, who settled on its upper banks.

The river gushes down the Morne aux Diables mountain range and then meanders gently to the lowlands of Portsmouth where it flows into the Caribbean sea. As it is below sea level, the water in the lower parts of the river is brackish giving rise to a unique ecosystem of flora and fauna. Some of the species, which include herons, kingfishers and iguanas, are only to be found in this particular area of Dominica.

Experienced boatmen will take the oars and row you along the river in slow moving wooden boats so that you can appreciate the great variety of wild life and plants on the river bank at your leisure.

See for yourself the places where scenes from “Pirates of the Caribbean” were filmed. Up river, you will get off the boat for a while to take a short 10 minutes stroll through the botanical gardens and visit the renowned ‘Bush Bar’. Try the signature rum punch, aptly named “ Dynamite”; a singularly potent brew.

There is lots to see so don’t forget to take your camera. Afterwards you will get back into the rowing boat for a trip down river where you will board your buses and return to the ship at Cabrits.

- Approx 15 minutes drive to the Indian River facility.
- The boat trip will be preceded by a security briefing.
- You will spend a total of 60 minutes up and down on the river.



Cabrits Historical & Creole Cooking Experience**On foot****Minimum 8 participants / Maximum 30****Duration: 2h30****Euros 67****Disembarkation – return Cabrits****Lunch included**

For millions of years the Cabrits Hills have stood like silent witnesses to the passage of time. Thousands of years ago people came to Prince Rupert's Bay in canoes. Hundreds of years ago, others arrived in tall ships.

The Cabrits Garrison is one of the most impressive 18th century military installations in the West Indies and was built to protect the North area of Dominica. Although the British undertook most of the construction, the French made significant additions during their occupation of Dominica from 1778-1784. Together they amassed a garrison comprising one fort, Fort Shirley, seven gun batteries, seven cisterns, powder magazines, ordnance storehouses, barracks and officer's quarters to house and provide for over 600 men on regular duty. After years of neglect the restoration of the site began in 1989 under the aegis of Dr. Lennox Honychurch.

Cabrits is situated to the west of two famous mountain ranges, Morne Aux Diables to the North and Morne Diablotin to the South (named after the Diablotin bird that used to nest there). It was built on the remains of two volcanic craters on the North West coast of Dominica, overlooking Douglas Bay to the North and Prince Rupert's Bay in the South. Cabrits National Park is a wonderful open-air museum appreciated by nature lovers, die-hard romantics, historians and anyone who enjoys beautiful scenery. The walk up to Fort Shirley from the base of Cabrits takes about 10 minutes.

The tour begins with a slowly paced walk up to Fort Shirley for a full historic tour of Cabrits and its environs by local Historian, Dr. Lennox Honychurch or a local guide. During your walk, you will see military structures and cannons as well as enjoying splendid views of Douglas Bay and Prince Rupert Bay.

You then continue to the Fort Shirley Facility where a local Chef will welcome you inside and whet your

appetite with a cooking demonstration of local Caribbean cuisine, which you will get to eat at the end of the show. Local juices will also be served.

After spending some free time at Fort Shirley you will take a gentle walk back to your awaiting ship.

- The Historical walk & tour of Fort Shirley with Dr. Honychurch takes about one hour. If Dr Honychurch is not on the island he will be replaced by a local guide.

- You will spend 1h15 at the Fort Shirley facility for the cooking demonstration and lunch.

Middleham Falls Hike and Sulphur Spa**By air-conditioned motor coach and on foot****Minimum 10 participants / Maximum 30****Duration: 6 hours****Euros 62****Disembarkation Cabrits after lunch on board, return to Roseau****This hike is difficult, so you need to be in good physical condition**

You will be accompanied on this tour by fully trained tour guides. The excursion begins from the port where you will board an air-conditioned bus. You will drive through the city going east towards the Laudat Mountain Range. As you continue into the mountains you will be fascinated by the way the land immediately rises steeply to 3000 feet above sea level. There are some great photo opportunities on the way, so make sure you take your camera.

Upon arrival at the Middleham Trail, you will leave the bus and your guide will accompany you on the hike into the Middleham Falls area. The trail is fairly well maintained but can be rough in certain areas as it wends its way through the forest, crossing rivers and mountains in some of Dominica's most ruggedly beautiful jungles. During the hike your guide will point out exotic birds, flora and fauna.

The falls are quite remarkable with a narrow stream dropping about 200ft from a keyhole notch in the lip



of the cliff. The pool beneath the falls is suitable for swimming but rather chilly. You will then hike back on the same trail to your awaiting bus.

The excursion then continues by coach to Tia's Sulphur Spa in Wotten Waven where you will visit three pools of therapeutic hot sulphur water. At the Spa, natural hot sulphur water bubbles from beneath the sand beds, trickles down the rock face and spills from small waterfalls into three pools. You will have 30 minutes to indulge in a mineral sulphur bath. The therapeutic benefits of the sulphur spa are well known and include rehydrating and improving the texture and tonicity of the skin, and reducing swelling in muscles and joints. After some refreshments you will return to the ship in Roseau.

- The drive to the Middleham Falls trail takes 1h30.
- There are no changing rooms at Middleham Falls, but there is a resource centre with a washroom facility
- The hike takes roughly 60 minutes, depending on the pace of the group; you will get some leisure time at the falls.
- The drive to Tia's Sulphur Spa takes about 30 minutes.
- You will have 30 minutes to enjoy the sulphur pools.
- Participants must wear proper walking shoes, hiking shoes or sports shoes.
- From time to time due to uncontrollable circumstances (weather/road conditions etc) it may be necessary to deviate slightly from the above programme for the welfare of our passengers.
- At the spa there are several changing rooms that can be used before taking a dip in the warm sulphur water. There are also washroom facilities.

Trafalgar Falls & Champagne Snorkel
By air conditioned vehicle and on foot.
Minimum 10 participants / Maximum 30
Duration: 5h30

Euros 72

Disembarkation Cabrits after lunch on board, return to Roseau

This tour is designed for experienced snorkelers.

Your excursion begins with a drive through the second city of Portsmouth, heading west up the Roseau valley to Trafalgar Falls. At Trafalgar Falls, you will visit one of the Caribbean's most extraordinary and prestigious sites. After a 15 minute walk on a trail through the rain forest, you will be greeted by a dramatic sight, two spectacular twin water falls. You will be able to take some fantastic pictures from a platform located directly across this wonder of nature.

After a 30 minute drive, you will arrive at the Irie Safari Snorkel site on Champagne Beach. Champagne is Dominica's premier diving and snorkelling site and rates among the top five sites in the Caribbean. Underwater geothermal springs vent gasses resulting in thousands of warm bubbles, giving the impression that you are swimming in a giant glass of Champagne. And that's not all, the reef here is quite spectacular and you can expect to see a myriad of marine life including sea sponges, lobster, parrot fish and a resident population of Hawksbill turtles. Upon arrival at Irie Safari's Modern Watersports Centre you will be kitted out with high quality snorkelling gear and given an orientation of the facility and the adventure that awaits you out on the reef. Our reef tours are led by professional PADI certified Dive Masters who will instruct you on the correct use of your gear and brief you on what you are likely to see and experience once in the water. Reef shoes are recommended to enter the water at the Champagne Snorkelling area. After the tour, you can enjoy the amenities of the centre including showers, changing rooms and a gift shop.



- The drive to Trafalgar falls takes approximately 1h30. The walk to the platform facing the falls takes 15 minutes. No swimming at the falls.
- You will spend 45 minutes there before heading off to the Champagne snorkel site (30 minutes drive)
- You will spend one hour at Champagne, snorkelling gear is provided.
- The drive back to Roseau takes 45 minutes.
- Participants must wear proper walking shoes, swim suit and take a beach towel.
- The snorkelling water site is rocky (it is not a sandy beach).
- From time to time, due to uncontrollable circumstances (weather/road conditions etc) it may be necessary to deviate slightly from the above programme for the welfare of our passengers

ANTIGUA

Kayak Eco Tour

Transport by van

Minimum 12 participants/ Maximum 24

Duration: 4h30

Euros 70

The ideal way to explore the coastal mangrove ecosystem on the beautiful north east coast of Antigua is by kayak. Knowledgeable tour guides will provide an introduction to the history and ecology of the mangroves and reefs, home to an astonishing variety of lobster, crabs, fish and bird life. This will be followed by a thrilling motor boat ride across the lagoons to Bird Island, one of Antigua's many offshore islands, where you will get the chance to swim, snorkel and explore. This is an outdoor experience that is both educational and fun. You will be taken by van (approximately 30 minutes drive each way) from the ship to the Kayak Adventure land base located at Seaton's Village on the North East coast of Antigua. On arrival at the base you can change, if necessary, and will be equipped with life jackets (mandatory) and an alert whistle. After a short briefing on procedure, you will board a 20 foot motorboat for a 15-minute

water transfer to the mangrove pontoon where the kayaks are moored. The guides will advise you on safety precautions and kayak handling and then you will be paired up and the kayak adventure can begin. The tour guides will lead you through an easy trail of inlets, tiny uninhabited islands, mangrove alleys and pretty bays in safe coastal waters. It is a great opportunity for learning something about the flora and fauna of the mangrove and spotting tropical birds and teeming marine life.

After the kayak tour and return to the kayak platform, the adventure continues with a twenty minute motor boat ride to an uninhabited island. Bird Island has two beaches, snorkelling reefs, a sunken cave and hills to be explored. It is one of 12 islands in the North Sound and is the habitat of turtles, stingray, starfish, conch, parrot fish, egrets, red billed tropical birds, frigates and humming birds. You may choose to take advantage of the guided nature walk for some excellent photo opportunities, go for a swim or simply laze under a coconut tree. Snorkelling enthusiasts can take the short boat ride to the reefs and snorkel to their heart's content. Back at the kayak base you will be welcomed by some good old fashioned Caribbean hospitality before returning to the ship.

- We recommend you bring reef shoes.
- Kayaks are for two people. They are safe, comfortable, easy to manoeuvre and suitable for beginners.
- Great strength and athletic ability are not required, but you must know how to swim.
- Water proof cameras are also recommended.



Swim And Snorkel With The Rays
Transport by air conditioned vehicle
Minimum 12 participants / Maximum 44
Duration: 3h30
Euros 58

Stingrays are beautiful and graceful swimmers, gliding like flying carpets over the ocean floor. Join us on an informative and fun excursion to Stingray City, situated amongst the coral reefs off the north east coast of Antigua, for a close encounter with a ray. You can even hold one of these gentle creatures in your arms, while trained guides will tell you all about them.

An air conditioned bus will pick you up from the pier and take you on a 30 minute scenic drive to the quaint fishing village of Seaton's on the north east coast of the island, home base for Stingray City. Here you will be greeted by professional staff who will brief you on the equipment and give you safety tips to ensure fun interaction with the rays. Afterwards, you will be taken by boat to the calm crystal clear waters surrounding the coral reef where the stingrays live. Upon arrival at the enclosure, you will disembark on to a floating platform where your local guide will issue you with snorkel equipment and give a safety briefing before you enter the water. The warm waters on the sand bar and surrounding reef have a maximum depth of 4ft, and provide an ideal environment for everyone to enjoy meeting these amazing creatures. Your guide will introduce you to the Rays, who are incredibly friendly, and encourage them to come to the surface enabling you to touch them gently and take photos. Stingrays have a barb midway down their long tails, but they only use it for defensive purposes when they feel threatened. Enjoy watching these majestic creatures as they glide through the waters. If you're feeling brave, you may want to feed them a little squid, along with your guide. Stingrays do not have teeth but a vacuum like mouth which sucks up their food. Many other forms of local marine life may be found at the stingray enclosure, including crabs, lobster, shellfish and starfish.

Back at the home base you can enjoy a refreshing rum or fruit punch and look through the wonderful digital photos of your adventure (these are available for purchase and make a great souvenir). The return journey to St John's is by air conditioned vehicle.

- There is a 30 minute transfer each way between St John's and the Stingray base.
- Participants must know how to swim.
- Children 4 years and under are not allowed.
- Physically handicapped guests are not allowed on the tour due to the difficulties of getting in and out of the boat.
- Participants should wear bathing suits with a shirt, soft-soled shoes (gym shoes, top-siders, and rubber-soled sandals), and a hat and bring their own beach towel, sunscreen and camera.

Island Discovery Tour
By "hard top" jeep with a driver/guide
Minimum 6 participants/ Maximum 36
Duration: 3 hours
Euros 44

This tour takes you along Fig Tree Drive, a scenic route through the rain forest. Here the rich fertile land produces mangos, pineapples and bananas in bounteous profusion and you can enjoy unspoilt nature at its best.

You will drive over Shekerley Mountains, the highest point of the island, including peaks such as Mount Obama formerly known as Boggy Peak and re-named to honour the American president on the occasion of his 48th birthday.

The route continues along the southern and western coast lines which boast some of Antigua's most beautiful beaches. There will be a short rest/photo stop at beautiful Valley Church beach, this palm tree lined beach with its fine powder white sand and warm turquoise waters is the archetypal tropical island paradise.



Afterwards we will go “off the beaten track” and discover Antigua’s rural hinterland, passing small farms and open fields. There will be another stop at Buckley’s Village for some panoramic views of the island before driving east to one of Antigua’s most important landmarks: Betty’s Hope. Betty’s Hope is a semi-restored 18th century sugar plantation with twin sugar mills. In 1674 the British Crown awarded the estate to the Codrington family in whose hands it remained until 1944. The estate is named after Sir Christopher Codrington’s daughter. It soon earned a reputation as the most efficient large scale sugar plantation in Antigua and was known as the “Flagship Estate of Antigua”. Betty’s Hope is no longer a hive of activity and the atmosphere is now tranquil and serene with gorgeous vistas of rolling countryside down to the distant ocean. Apart from the fine scenery, you will get the opportunity to visit the windmills and learn how they were used to grind sugar cane in the 18th century.

The return trip to Falmouth Harbour and the ship, will be via Willoughby Bay one of the most beautiful areas in Antigua.

- Transportation is by 4x4 Jeep.
- Soft drinks are available during the trip.
- Guests should wear light clothing and walking shoes.
- The tour includes approx. 30 minutes off road.

Canopy Tour

Transfer by minibus

Minimum 10 participants/ Maximum 24

Duration approximately 3 hours

Euros 80

You will be met at the ship and taken to the Antigua rain forest about 30 minutes distance. Upon arrival at the Antigua Rainforest Company, you will be greeted by Rangers and handed a cool moist towel to refresh yourself after the journey. There will be a briefing session to prepare you for the excursion and then the exhilarating tree top adventure can begin. The Antigua Canopy Tour is a unique eco-tour through Antigua’s lush rain forest, an unforgettable journey through verdant forest, high above the trees. The tour starts out at the Old Pump House with a walk over a suspension bridge spanning a gorge in order to access the zip lines for your aerial journey. There are zip lines from 52 feet to 328 feet in length criss-crossing the gorge; the topography of the area means that the excursion will mostly be above the tree tops, entering and exiting via a “corridor” in the foliage at either end. In all there are a series of 9 zip lines, 1 vertical descent, 1 tree house, and 2 suspension bridges, giving you a wonderful bird’s eye view of the flora and fauna and a feeling of “total immersion” in the forest environment. There are some short treks into the gorge and then a series of connecting zip lines which criss-cross the area at tree canopy level. The gorge is full of fascinating plants and exotic fruit and has a definite tropical feel, especially when you take a break in our tree house, hidden away from the rest of the world! The terrain features tall trees, prominent boulders, a rock pool and a small waterfall. The dense vegetation includes a variety of wild fruit, vines, mosses and lichens.

- This tour is not recommended for pregnant women, persons with a history of heart conditions, seizures, back, knee or shoulder problems or any other pre-existing health issues.
- Maximum weight : 265 lbs, minimum height 4 ft.
- Participants should not wear strapless shoes or sandals, and ladies should wear shorts or trousers.



- The excursion provides optimum security with state of the art safety helmets and harnesses that have been designed by the world's leading specialists in challenge course equipment.
- All staff guides have successfully undergone a rigorous training programme conducted by ACCT, world leaders in the field of challenge course installation, operation and inspection.

Reef Riders

Transfer by minibus

Minimum 4 participants/ Maximum 10

Duration approximately 3h30

Euros 88

Captain your own 2 seater inflatable motorboat on a guided tour of Antigua's South coast and discover an exciting underwater world teeming with marine life! Sit back in air-conditioned comfort and enjoy the view as you drive through a typically West Indian landscape with traditional villages and old stone churches, until you reach Jolly Harbour where the excursion begins. Here you will be met by a highly trained guide who will give you a safety briefing on how to operate your inflatable 2 seater with its 30 horse power engine, and help you to familiarise yourself with the boat.

Now the adventure can begin! Follow your guide out of the harbour, in and out of bays and around reefs, until you reach Cades Reef, Antigua's premier snorkelling area.

After some expert tuition on snorkelling, you will be all set to put on your mask, fins and buoyancy belt and discover a fascinating variety of marine life including Parrot fish, Damsel fish, Grunts and Angel fish among others. Alternatively you may prefer just to take a dip or relax and soak up the sun on your boat, the choice is yours.

You will then be guided back along the coastline to Jolly Harbour, passing dozens of pristine beaches with crystal clear waters and getting the chance to make the most of the Antiguan sunshine and fabulous scenery before returning to the pier.

- Don't forget your swimsuit, towel, sunscreen and of course a camera.
- Snorkelling equipment includes a security buoyancy belt, mask, snorkel and fins.
- Professional instruction and supervision by PADI trained guides.
- Guests must be at least 18 yrs old to drive the boats
- Maximum combined weight of the participants: 400 pounds.
- This tour is not suitable for guests with back problems, pregnant ladies or non-swimmers.

Royal Clipper's Yacht Race

Minimum 4 participants / Maximum 12

Duration approximately 2 hours

Euros 99

Be a part of the race team on board Ondeck's Ocean racing yachts. The racing yachts you will sail on are well known on the Caribbean racing circuit and have competed successfully in many events, including the world famous Antigua Sailing Week. With a ratio of only six guests to a two person professional crew, you will benefit from personal tuition and special focus, making this tour a really unique and personal sailing adventure. The less energetic among you can just sit back and enjoy watching the racing crews sail the yachts. There will be a minimum of two yachts taking part in each race and you will be divided into teams. After a comprehensive safety briefing, sails will be hoisted and you will head out into the harbour to practice manoeuvres: tacking, jibing, trimming the main and head sails, grinding winches, or if you prefer just relaxing and watching the harbour and the glorious neighbouring islands. Once the crew feels comfortable, the race will start and lasts approximately 45 minutes. After the race you will be encouraged to take the helm of our high performance yachts for a relaxing tour of the yachting Mecca of Antigua. Sip on a celebratory rum punch as you admire multi million dollar mega yachts and the famous Nelson's Dockyard (subject to weather conditions). You will have the advantage of viewing the dock-



yard from your very own exclusive platform before heading back to the ship with a host of unforgettable memories.

SAINT KITTS

The Essential St Kitts Tour

Drivers guide

By air-conditioned mini-van

Minimum 8 participants/ Maximum unlimited

Duration: 3h30

Euros 47

This could very well be the Caribbean's most memorable island tour. It includes Brimstone Hill Fortress National Park, Romney Gardens, Caribelle Batik Studio and an interesting drive through Basseterre. Brimstone Hill Fortress is perched on a 40 acre hill-top, 780 ft above sea level. For three hundred years it has borne witness to innumerable sea battles between the British and the French, more than at any other place in the two nation's naval history. The first cannons were mounted on Brimstone Hill in 1690 as the English and French fought for control of the island. The next 200 years saw the intermittent construction of an amazing work of architectural and engineering genius. This magnificent structure is the second largest of its type in the entire western hemisphere and one of the best preserved. Its spectacular panoramic views include coastline, country side and five neighboring islands. The Brimstone Hill Fortress, also known as The Gibraltar of the West Indies, is of world heritage value and is a recommended must-see for all visitors to St. Kitts.

No visit to St. Kitts is complete without a visit to Romney Gardens and Caribelle Batik Studios. This 10-acre garden setting is quite simply stunning. It is at this glorious location that local artists produce the fabric and apparel for which Caribelle Batik has become widely acclaimed. The garden setting and picturesque experience is a photographer's dream and will be remembered by visitors for years to come. You will also get to drive through beautiful Basse-

terre. This historic Capital City is a perfect example of an original Caribbean town. Observe the traditional French architecture and Victorian structures. Old churches, West Indian cottages and a former slave market are also included in this interesting driving tour of Basseterre.

Safari Island Drive

Drivers guide

By open safari vehicle

Minimum 10 participants/ Maximum 38

Duration: 3h30

Euros 48

You will ride in a comfortable open safari vehicle, and enjoy the beauty of this most scenic of the smaller Caribbean islands in a full island tour.

After driving through town you will proceed westward to Boyds at Garvey's Estate for a view of the ruins of the historical 18th century plantation and its renovated living quarters. The original mill now used as a vent for the kitchen still stands tall around the building. The entire property is approximately 5 acres of gardens and dwelling quarters.

Your next stop will be at the renowned Caribelle Batik and Romney Manor Gardens. Here you will have some time to enjoy this spectacular location and see examples of batik work.

Then you will re-board the vehicle and continue your scenic ride around the island, as your entertaining and knowledgeable guide points out places of historical and cultural interest. Information will be presented on historical Old Road Village, where the British first landed, on Middle Island and on the world famous Brimstone Hill Fortress as you drive by. Your next stop will be at Gibbon's Hill, from where visitors can see the Atlantic Waters meeting with the Caribbean Sea in a splash of waves that never ceases to fascinate visitors. The island tour continues to Black Rocks where another stop will be made to enjoy this natural wonder and to stretch your legs. Afterwards you



will take the the Kim Collins Highway to Frigate Bay and the scenic look out at Timothy Hill before returning to your ship with a host of memories and, hopefully, some excellent photos.

- This tour does not stop at Brimstone Hill Fortress.

St. Kitts Scenic Rail Tour

By rail and road

Minimum 25 participants/ Maximum 40

Duration: 3 hours

Euros 80

This national rail tour runs a complete circle around the island allowing visitors the opportunity to see the entire country by rail and by road. No trip to this two-island federation is complete without the experience of traveling on the new St. Kitts Scenic Railway, one of the most beautiful train rides in the world. This one-of-a-kind narrow gauge railroad was built almost a century ago to deliver sugar cane from the fields to the sugar mills in the capital city of Basseterre. This still operational railway now provides a fascinating way to see the entire island from the comfort of double-deck railcars built specifically for touring the island of St. Kitts. All guests will have a seat on both levels of the railcar. The upper level features a spacious open-air observation deck with panoramic views of the surrounding countryside. The lower level provides air-conditioned comfort with expansive vaulted windows. Island ambiance is evoked with comfortable rattan furniture, complimentary specialty drinks, island music and a colourful narrative history of the Caribbean.

The railway hugs the northeastern coastline with rippling fields of sugarcane stretching from the shoreline up to the mountains. The high volcanic mountain ranges, coated with lush green rainforests, rise nearly 4000 feet above sea level. The train rolls across tall steel bridges spanning deep “ghuts” or canyons, and winds through small villages and farms. Your railway conductor will point out old sugar estates, aban-

doned sugar mills and windmills while giving insight into the island’s unique history. Your experience is complimented by a scenic bus drive on the Southern coast. Enjoy the excellent vistas of Brimstone fortress, the British “Gibraltar of the Caribbean” and Middle Island where Thomas Jefferson’s great-grandfather is buried; and the neighbouring island of Nevis where American statesman and first Secretary of the U.S. Treasury, Alexander Hamilton, was born. A truly unique experience! All aboard the St. Kitts Scenic Railway!

- The actual ride by train is approx. 2 hours and the train is very slow.
- The island tour is completed by a bus drive back to the ship.
- Very leisurely tour – no walking included at all.

ILES DES SAINTES

A cluster of eight small islands, Les Saintes lies just six miles off the southern coast of Guadeloupe. Only two of the islands, Terre-de-Haut and Terre-de-Bas, attract any tourists, as the other six islands are little more than rocky outcrops. The locals are primarily fishermen, known for their large boats and unique head gear, called “salako” hats. Les Saintes have acquired a well-deserved reputation for beautiful beaches and reefs and attract divers from around the world. Happily though, mass tourism is unknown here and the charm of these enchanted isles remains unspoiled. The tender will take you to the tiny capital “Le Bourg”, a charmingly picturesque seaside village.



MARTINIQUE

Botanical Gardens of Balata

By air-conditioned motor-coach and on foot
 Minimum 15 participants / Maximum unlimited
 Duration: 3h30
 Euros 42

Leaving Fort de France, you will take the Trace Road opened by the Jesuits in the eighteenth century. This is really a track rather than a road and runs between enormous bamboos and giant arborescent ferns and lianas.

The Botanical Garden of Balata, a marvellous garden, is now open to the public after 20 years of ground preparation and the careful collecting of flowers and plants by owner Mr. Jean Philippe Thoze, a botanical and landscape gardener. Walk under the trees and you will discover a multitude of botanical plants and flowers, a harmonious mix of colour and form judiciously placed to delight the eye. The reception hall is located in an authentic Creole house which has been lovingly renovated.

On the way back, you will drive through Fort de France for a panoramic tour and discover the main monuments of this city such as the Fort Saint-Louis, a Vauban style 17th century military edifice, the "Place de la Savane" just below the Fort, former Place d'Armes, with its majestic trees – royal palms and tamarinds, the statues of Belain d'Esnam-buc and Joséphine Tascher de la Pagerie, Napoleon Bonaparte's wife, and the Bibliothèque Schoelcher, designed by the architect Henry Picq, contemporary of Gustave Eiffel. The bibliothèque (library in English) was dismantled and transported to Martinique from Paris after serving as the Canada Pavillion at the 1898 World Expo.

Deepest Martinique 4X4 Adventures
 Minimum 4 participants/ Maximum 6 per jeep
 4 jeeps available
 With a driver-guide
 Duration: 4 hours
 Euros 69

This is an opportunity to discover Martinique's heartland from the air-conditioned comfort of a six seater four wheel drive vehicle. A jeep will pick you up from the ship and take you on a safari into the hidden depths of the island.

This off the beaten track adventure takes you over private land and through rivers until you reach a natural tropical rain forest, a riot of unspoilt luxuriant vegetation. Step back in time and enjoy the tranquillity of this jungle Eden where untouched nature reigns supreme; forget the frantic bustle of modern life and just relax. The trip takes a picturesque route with charming views of valleys and mountains.

You will cross banana and sugar cane plantations and get to know something about local agriculture before reaching a site of great natural beauty.

The jeep tour continues to a site of great natural beauty "Coeur Bouliki", the green lung of Martinique. The waters of the "Rivière Blanche" run through this serene forest environment and, weather permitting, you will get the chance to take some time to relax and enjoy a drink while you admire the scenery.

The return journey back to Fort de France and the ship will take you on a scenic route with beautiful views of the bay.

